

Turn On Your Salad

Crisp Romaine	\$6.75	Mixed Greens	\$6.75
Iceberg Lettuce	\$6.75	Spinach	\$6.75

Your First 4 Selections From This Section Are Included In The Base Price. (Additional Is \$0.50) Sprouts - Black Olives - Cherry Tomatoes - Parmesan Cheese - Croutons - Chick Peas - Egg - Cucumbers - Red Beets - Roma Tomatoes - Green Peas - Jicama - Golden Raisins - Shredded Carrots - Sliced Mushrooms - Mixed Bells Peppers - Sliced Red Onions - Toasted Sesame Seeds - Mandarin Oranges

One Dollar Fifty Cent Add-ons

Baby Corn - Fresh Grilled Corn - Crisins - Broccoli - Caramelized Walnuts - String Beans - Toasted Almonds - Marinated Grilled Tofu

One Dollar Seventy Five Cent Add-ons

Hearts Of Palm - Avocado

Two Dollar Twenty Five Cent Add-ons

Ahi Tuna - Grilled Salmon - Grilled Portobello Mushrooms - Shredded Mozzarella - Albacore Tuna Salad - Handmade Marinated Mozzarella - Feta Cheese

Soup of the day \$4.50

Garlic Bread (four pieces) \$2.95

Salads to Order

Greek

Romaine lettuce, feta cheese, black olives, cucumbers, onions, tomatoes and red and green peppers, served with Balsamic Vinaigrette \$9.50

Caesar

Romaine lettuce, parmesan, croutons, tomatoes served with Caesar dressing \$6.95

Nicoise

Mixed greens, potatoes, avocado, tomatoes, eggs, black olives, string beans, tuna with mayonnaise served with Thousand Island dressing \$12.25

Cobb

Romaine lettuce, grilled tofu, eggs, tomatoes, avocado, shredded cheese and bacon bits, served with Honey Dijon dressing \$12.25

Asian Salad

Romaine lettuce, mandarin oranges, lo-mein noodles, almonds, carrots and mixed bell peppers, served with Sesame Ginger dressing \$8.25

Spinach Mango Salad

Spinach, feta cheese, craisins, almonds and mangoes with Balsamic Vinaigrette dressing \$12.95

Pizzettes

Pomodora

Tomato sauce, basil, pesto, roasted tomatoes and fresh mozzarella \$9.95

Sofisticato

Fresh sliced wild mushrooms, oven roasted tomatoes, mixed bell peppers and fresh mozzarella \$9.95

Veneto Pizza

Fresh spinach, roasted tomatoes, roasted peppers, fresh mozzarella and tomato sauce \$9.95

Plain Pizza

\$8.95

Pizza Made to Order

(10" personal pizza made to order starting at \$8.95 + Toppings of your choice)

\$0.50 Toppings

Mushrooms - Onions - Mixed bell peppers - Green olives - Black olives - Tomatoes - Eggplant

\$1.50 Toppings

Broccoli - Corn - Sun-dried tomatoes - Feta cheese - Spinach

Create your Own Calzone!

(Our Calzones are served with a side of marinara sauce. Starting at \$5.95)

\$0.50 Toppings

Mushrooms - Onions - Mixed bell peppers - Green olives - Black olives - Tomatoes - Eggplant

\$1.50 Toppings

Broccoli - Corn - Sun-dried tomatoes - Feta cheese - Spinach

Coffee and Specialty Drinks (Fresh Brewed / Free Refills!)

	12 oz.	16 oz.	20 oz.
Regular/ Decaf	\$1.50	\$1.70	\$1.95
Hazelnut	\$1.50	\$1.70	\$1.95
Flavor of the Day	\$1.50	\$1.70	\$1.95
Soy add	\$0.40	\$0.50	\$0.75

Tea (Earl Grey, Mint, Chamomile, Orange Spice, Lemon Zinger, English Breakfast, Raspberry)

Tea	\$1.50	\$1.70	\$1.95
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Fresh Squeezed Juice Bar

Orange Juice	\$3.50
Carrot Juice	\$3.95
Lemonade	\$2.25

Espresso Bar

(Regular or Decaf, flavor added \$0.40)

Cappuccino	\$3.00	\$3.55	\$3.95
Mocchachino	\$3.25	\$3.80	\$4.25
Café Latte	\$3.00	\$3.55	\$3.95
Café Americano	\$2.00	\$2.50	\$3.00
Hot Chocolate	\$2.60	\$2.85	\$3.25
Soy added	\$0.40	\$0.50	\$0.75

Iced Drinks

(Regular or Decaf, flavor added \$0.40)

Iced Coffee	\$1.90	\$2.20	\$2.50
Iced Tea	\$1.90	\$2.20	\$2.50
Iced Mocchachino	\$3.25	\$3.50	\$3.85
Iced Café Latte	\$3.25	\$3.50	\$3.85
Soy added	\$0.40	\$0.50	\$0.60

Juice and Sodas

Bottled Water	\$1.25
Perrier	\$1.75
Fellegirino	\$1.75
Snapple	\$1.75
Tropicana- 16 oz.	\$2.00
Canned Soda	\$1.25
Chocolate Milk	\$2.00
Apple Juice	\$1.75
Vitamin Water	\$2.25
Nantucket Nectar	\$2.25

Smoothie Bar

Smoothies made with your choice of base: water, milk, soy milk or orange juice. Whip cream is an additional \$0.75

The Hawaiian (mango, kiwi & pineapple)	\$4.95
The Strawberry Lover (strawberry, banana)	\$4.75
The Red Dress (strawberries, peaches and raspberries)	\$4.95
The Blue Moon (blueberries, mango and pineapple)	\$4.95



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Catering for All Occasions

Prices are subject to change*

Specials

Schwartz Breakfast Special

Plain omelette, home fries or hash browns, 12 oz. Coffee, plain croissant and house salad, bagel or roll with side of cream cheese. Served with whole wheat or regular toast. (Add \$0.50 for vegetables, 1.75 for cheese & avocado, \$2.00 for small latte or fresh juice.)

\$8.95

Lunch Special

Half sandwich and soup
(choice of chive egg salad, tuna salad or fresh mozzarella)
(add caesar salad and a drink for 2.95)

\$7.95

Schwartz All-Star Breakfast Special

Waffle, two french toast, pancake, 12 oz. coffee and assorted fruit

\$9.95

Nachos

Tortilla chips topped with shredded cheddar and mozzarella baked in the oven with a side of guacamole and pico de gallo

\$7.95

Salad & Soda Combo \$2.95 | Ask About Our Sushi Menu!

Breakfast

Pancakes

Chocolate Chip add \$0.50

Served with maple syrup and fresh fruit

\$7.95

French Toast

Served w/ maple syrup and assorted fruit

\$5.95

Yogurt With Granola

12 oz. \$2.95 16 oz. \$3.95

Fruit Cup

12 oz. \$2.95 16 oz. \$3.95

Grilled-Cheese Sandwich

Served on section challah or whole wheat bread w/ choice of home fries or house salad

\$6.95

Waffles

Served with syrup and assorted fruit. (Chocolate Chip add \$0.50)

\$7.95

Pizza bagel

Served on plain bagel

\$3.95

Quesadilla

Vegetable Quesadilla served w/ home-made salsa, avocado & house salad

\$7.95

Two Eggs on any bread

\$3.95

Two Eggs and Cheese on a Plain Croissant

Served with fruit salad

\$5.95

Huevos Rancheros

2 sunny side up eggs served on two corn tortillas with cheese, red salsa and avocado, baked in the oven with a side of potatoes

\$8.95

Breakfast Burrito

Eggs, cheese, potatoes and avocado wrapped in a white flour tortilla topped with a red sauce and served with a house salad on the side

\$8.95

Plain eggs on a roll

\$5.95

Shakshuka

Three sunny side up eggs cooked in a mild spicy sauce with baguette slices all around

\$8.95

Create your Own Omelette!

(Starting at \$6.25)

Served with house salad, whole wheat or white toast and a side of cream cheese.

\$0.50 toppings

Mushrooms, Onions, Tomatoes, Green and red pepper, Basil, Green olives, Black olives

\$1.25 toppings

Avocado, Shredded mozzarella, Spinach, Cheddar, Feta

Sandwich Bar

Cream cheese

served on a bagel of your choice w/salad or vegetables

\$3.25
\$3.95

Lox w/ Cream Cheese

served on bagel of your choice (includes side salad)

\$9.95

Tuna

served on a bagel or roll of your choice w/salad or vegetables

\$6.95
\$7.95

Tuna Melt

served on challah bread or whole wheat (includes side salad)

\$8.95

Egg Salad

served on challah or bagel of your choice w/ salad or vegetables

\$3.95
\$4.95

Signature Sandwiches

(add salad & soda for \$2.95)

Fresh Mozzarella Sandwich Signature

Fresh basil leaves, sliced plum tomatoes and cracked pepper w/ virgin olive oil, served on a plain ciabattini roll

\$7.75

Tuna On Ciabatta Signature

Choice of tuna w/ mixed vegetables, green leaves and tomatoes served on a plain ciabattini roll

\$7.75

Chive Egg Salad Signature

Chive egg salad w/ tomatoes and iceberg lettuce served on a calamata olive ciabattini roll

\$6.95

Avocado Sandwich Signature

Avocado, tomato, red onion, mesclun & mayonnaise served on a calamata olive ciabattini roll

\$6.95

Veggie Burger Sandwich Signature

Vegetable cutlet, sliced red onion, green leaf, sliced tomato and mayonnaise, served on a plain ciabattini roll

\$7.75

Wraps

(add salad & soda for \$2.95)

Tuna Wrap

Tuna mixed w/ mayo, capers and carrots; leaf lettuce and roma tomatoes served in a spinach tortilla

\$7.75

Ahi Tuna Steak Wrap

Ahi Tuna, balsamic vinegar, grilled vegetables: green & yellow zucchini, white onions, mixed bell peppers served in a spinach tortilla w/side salad

\$10.95

Spicy Tuna Wrap

Tuna, chili oil, tartar sauce, avocado, sesame seeds, tomatoes, red onions, mixed bell peppers and romaine lettuce served in a white flour tortilla

\$7.75

Salmon Caesar Wrap

Grilled salmon fillet, shredded mozzarella cheese, olive oil, roasted croutons, crisp romaine lettuce, mixed bell peppers, and sprouts served in a white flour tortilla w/side salad

\$10.95

Hot Wraps

(add salad & soda for \$2.95)

Grilled Vegetable Wrap

Roasted corn, avocado, mixed bell peppers and sprouts served in a spinach tortilla

\$7.75

Mexican Ahi Tuna Wrap

Searched Ahi tuna marinated in chipotle sauce, with fresh corn, mixed bell peppers, avocado, tomato and greens served in a spinach tortilla with a side salad

\$10.95

Portabello Mushroom Wrap

Grilled portabello mushroom, cheddar cheese, spinach, mixed bell peppers and pesto sauce served in a spinach tortilla, with a side salad

\$10.95

Hot Panini

(add salad & soda for \$2.95)

American Grilled Panini

Grilled tuna, roasted corn salad, sun dried tomatoes and mayonnaise served on a plain ciabattini roll w/side salad

\$10.95

Eggplant Parmigiana

Mozzarella cheese, oven roasted eggplant and marinara sauce served on a plain ciabattini roll

\$7.95

Triple Cheese

Cheddar, feta and mozzarella, sauteed onions, pesto, romaine lettuce served on a plain ciabattini roll

\$7.75

Sorenta

Grilled vegetables: green & yellow zucchini, white onions, mixed bell peppers, eggplant, Eggplant, sun dried tomato, pesto, fresh mozzarella topped with marinara sauce, served on a plain ciabattini roll

\$7.75

Pasta Special \$6.95

add garlic bread and Caesar salad for additional 2.95

Choice of Pastas

-Tortellini with sun dried tomato sauce

-Macaroni & Cheese

-Mushroom ravioli with white creamy sauce

-Eggplant Parmesan (\$7.99)

-Penne primavera with grilled vegetables

-Fettuccine Alfredo

-Spaghetti with cheese and marinara sauce